

|10| And having looked around at all of them, he said to the man, Stretch out your hand. And he did. And his hand was restored.

|11| But they (the Sofrim and the Perushim) were filled with ka'as (anger), and they were discussing with one another what they might do to him.

|12| Now it came about in those yamim that Rebbe Melech HaMoshiach went forth to the mountain to daven, and he was spending the whole night b'tefillah to Hashem.

|13| And when boker came, Rebbe Melech HaMoshiach summoned his talmidim, and chose from them Shneym Asar (Twelve), whom he also named Shlichim:

|14| Shimon, whom also he called Kefa; Andrew his brother; Yaakov, Yochanan, Philippos, Bar-Talmai,

|15| Mattityahu, Toma, Yaakov Ben-Chalfai, Shimon, the one being called the Zealot,

|16| Yehudah Ben Yaakov, and Yehudah from Kriot, who became the boged (traitor, betrayer) of Rebbe, Melech HaMoshiach.

|17| And having come down with them, he stood on a level place, and a great multitude of his talmidim, and a great multitude of the Am Berit from all Yehudah and Yerushalayim and the coastal region of Tzor and Tzidon

|18| Came to hear him and to receive refuah (healing) from their machlot (illnesses), and the ones being troubled by ruchot hatemeiot (unclean spirits, shedim) were given refuah,

|19| And all were seeking to touch Rebbe, Melech HaMoshiach because koach (power) was going out from him, and he was giving refuah to everyone.

|20| And lifting up his eyes to look at his talmidim, Rebbe Melech HaMoshiach said, Ashrey are the aniyim (poor), for yours is the Malchut Hashem.

|21| Ashrey are the ones hungering now, for you will eat your fill. Ashrey are the ones weeping now, for you will laugh [YESHAYAH 55:1,2; 61:2,3].

|22| Ashrey are you when Bnei Adam have sinas chinom (baseless hatred) for you and when they ostracize you and they reproach you and cast out your name as rah (evil) on account of the Ben HaAdam [*Moshiach, DANIEL 7:13-14*].

|23| Have simcha in that day and leap for chedvah (rejoicing), for your sachar (reward) is gadol in Shomayim. According to the same their Avot were doing to the Neviim.

|24| But oy to you, you ashirim, for you have already received in full your nechamah (comfort).

|25| Oy to you, the ones having been well fed now, for you will hunger. Oy, the ones laughing now, for you will mourn and weep. [YESHAYAH 65:13; MISHLE 14:13]

|26| Woe when all Bnei Adam speak well of you. For according to the same things were their Avot doing to the neviei hasheker (false prophets).

|27| But to you I say, to the ones listening, show ahavah to your oyvim (enemies), do mitzvahs for the ones with sinas chinom for you,

|28| Say a bracha for the ones cursing you, daven for the ones mistreating you.

|29| To the one hitting you on the cheek, offer also the other, and from the one taking away your kaftan (coat), also the tunic and gartel

do not withhold.

|30| To everyone asking you, give tzedakah; and from the one taking away your things, do not demand them back. [DEVARIM 15:7,8; MISHLE 21:26]

|31| And just as you want that Bnei Adam may do to you, do to them similarly.

|32| And if you show ahavah to the ones showing ahavah to you, what kind of shvakh (commendation) to you is that? For even the chote'im (sinners) show ahavah to the ones showing ahavah to them.

|33| For even if you do mitzvahs for the ones doing mitzvahs for you, what kind of shvakh to you is that?

|34| And if you lend to those from whom you hope to receive, what kind of shvakh to you is that? Even chote'im lend to chote'im, that they receive in return the same amount.

|35| But show ahavah to your oyvim and do mitzvahs and Gemilut Chasadam, expecting nothing in return. And your sachar will be rav. And you will be bnei Elyon (sons of the Most High), because He is kind to anashim ra'im and those without hodayah.

|36| Be anashim of rachamanut (compassion) just as also your Elohim HaAv is merciful. [TEHILLIM 103:8]

|37| Judge not, lest you be judged. And do not condemn, and by no means may you be condemned. If you pardon with mechila (forgiveness), you will be pardoned with selicha (forgiveness).

|38| Give, and it will be given to you. A good measure, having been pressed down and having been shaken, overflowing, will be put into your kheyk (lap). For by what measure you measure it will be measured in return to you. [Ps 79:12; Isa 65:6,7]