

|15| Oh that men would praise Hashem for His chesed, and for His nifla'ot (wonderful works) to the Bnei Adam!

|16| For He hath broken down the dlatot nechoshet, and cut asunder the bars of barzel (iron).

|17| Fools because of their derech peysha, and because of their avonot (iniquities), were afflicted.

|18| Their nefesh abhorreth all manner of ochel (food); and they drew near unto the sha'arei mavet (gates of death).

|19| Then they cried unto Hashem in their tzoros, and He saveth them out of their distresses.

|20| He sent His Davar, and healed them, and delivered them from their destructions [See *Yn 1:1, 14; Mt 4:23*].

|21| Oh that men would praise Hashem for His chesed, and for His nifla'ot (wonderful works) to the Bnei Adam!

|22| And let them sacrifice the zivkhei todah (sacrifices of thanksgiving), and recount His works with joyful singing.

|23| They that go down to the yam in oniyot (ships), that do business on mayim rabbim (great waters);

|24| These have seen the ma'asei Hashem, and His nifla'ot (wonders) in the deep.

|25| For He commandeth, and raiseth up a ruach sa'arah (stormy wind), which lifteth up the galim (waves) thereof.

|26| They [*the galim*] mount up to Shomayim, they went down again to the tehomot (depths); their nefesh melted in ra'ah (peril, trouble).

|27| They reeled and staggered like a shikkor, and were at their wit's end.

|28| Then they cried unto Hashem in their tzoros, and He brought them out of their distresses.

|29| He made the sa'arah (storm) a calm, so that the

galim (waves) thereof were still [*Mk 4:41*].

|30| Then were they glad because they were quiet; so He brought them unto their makhoz chefetz (desired haven, city, district, boundary).

|31| Oh that men would praise Hashem for His chesed, and for His nifla'ot (wonderful works) to the Bnei Adam!

|32| Let them exalt Him also in the Kehal Am, and praise Him in the moshav zekenim (council of the elders).

|33| He turneth neharot (rivers) into a midbar, and the springs of water into dry ground;

[34| An eretz p'ri (fruitful land) into salt wasteland, because of the wickedness of them that dwell therein.

|35| He turneth the midbar into an agam (pool, lake) of mayim, and dry ground into springs of water.

|36| And there He maketh the hungry to dwell, that they may found an ir moshav (an inhabited city);

|37| And sow the sadot, and plant kramim, and acquire p'ri tevu'ah (fruits of increase).

|38| He made a berakhah on them also, so that they are multiplied greatly; and He doth not permit their behemah to decrease.

|39| Again, they are diminished and brought low through otzer (oppression), ra'ah (calamity, peril, trouble) and yagon (sorrow, grief).

|40| He poureth contempt upon nedivim (nobles), and causeth them to wander in the wilderness, where there is no derech.

|41| Yet setteth He the evyon (needy) up above oni (affliction), and maketh him mishpekhoh like a tzon (flock).

|42| The yesharim (upright ones) shall see it, and rejoice

with simchah; and all iniquity shall shut its mouth.

[43| Whosoever is chacham, and will be shomer over these things, even they shall understand the chasdei Hashem (lovingkindnesses of Hashem).

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(Shir. Mizmor of Dovid)  
O Elohim, my lev is nachon; I will sing and make music, even with my kavod (glory, soul).

|2(3)| Awake, nevel and kinnor; I will awaken the shachar (dawn).

|3(4)| I will praise Thee, Hashem, among the peoples; and I will sing praises unto Thee among the nations.

|4(5)| For Thy chesed is gadol above Shomayim; and Thy emes reacheth unto the clouds.

|5(6)| Be Thou exalted, Elohim, above Shomayim; and Thy kavod above kol ha'aretz;

|6(7)| That Thy beloved may be delivered; hoshiah (save) with Thy Yamin, and answer me.

|7(8)| Elohim hath spoken in His Kodesh; I will rejoice, I will divide Shechem, and measure out the Valley of Sukkot.

|8(9)| Gil'ad is Mine; Menasheh is Mine; Ephrayim also is the maoz of Mine rosh; Yehudah is My mechoket (lawgiver);

|9(10)| Moav is My washbasin; over Edom will I toss My na'al (sandal); over Philistia will I shout in triumph.

|10(11)| Who will bring me into the fortified city? Who will lead me into Edom?

|11(12)| Wilt not Thou, Elohim, Who hast cast us off? And wilt not Thou, Elohim, go forth with our Tzivos?

|12(13)| Give us help against the enemy; for vain is the teshuat adam (help of man).