[23] With the following iggeret: "From the Achim b'Moshiach, Moshiach's Shlichim and the Zekenim: to the Achim b'Moshiach throughout Antioch and Svria and Cilicia, to those from among the Nations, Shalom! 24 Vi-bahlt (since) we heard that certain men had gone out from us, though not having any directives from us, and have given you mitzvot with dvarim unsettling your nefashot (souls), [25] "It was mekabel to us, having come to achdus in mind and having chosen anashim to send to you, along with our beloved chaverim Bar-Nabba and Sha'ul 26 Anashim who have imperiled their lives for haShem of Moshiach Adoneinu Yehoshua |27| "Therefore we have sent Yehudah and Sila, and they too will confirm us in person by word of mouth. [28] "For it was mekabel to the Ruach Hakodesh and to us to lay no heavier burden upon you who are from the Nations except these necessary things: [29] "That you non-Jewish

ma'aminim hameshichiyim keep away from meat sacrificed to elilim, and dahm, and what is strangled, and zenut. If you are shomer to avoid these, you will do well. Shalom!

|30| Therefore, having been dismissed, they went down to Syrian Antioch, and having gathered together the multitude, they delivered the iggeret.

|31| And having read it, there was a response of simcha gedolah at the exhortation.
|32| Both Yehudah and Sila, being themselves nevi'im hameshichiyim also, with many dvarim comforted the Achim b'Moshiach and gave

them chizzuk.

|33| And after they had spent considerable time, they were dismissed with shalom from the Achim b'Moshiach and sent back to the ones having dispatched them. [1Sm 1:17]
|34| [Notwithstanding it seemed tov to Sila to remain there.]

|35| And Rav Sha'ul and Bar-Nabba were staying in Syrian Antioch saying shiurim and drashot with also many others, the content of these being the dvar Hashem.

|36| And after some yamim Rav Sha'ul said to Bar-Nabba, "Let's return, then, and visit the Achim b'Moshiach throughout every city in which we proclaimed the dvar Hashem to see how they are doing."

|37| And Bar-Nabba was deciding to take along also Yochanan called Markos. [38] But Rav Sha'ul was insisting not to take along this one, the one having withdrawn from them from Pamphylia, not having gone with them to the avodas kodesh ministry of the Moshiach's Shlichus. [39] And there was a sharp disagreement so that they were separated from one another, and Bar-Nabba took Markos and sailed away to Cyprus. 40 And Rav Sha'ul chose Sila and departed, having been commended to the Chen v'Chesed Hashem by the Achim b'Moshiach. 41 And they were traveling through Syria and Cilicia strengthening the Moshiach's Kehillot.

16 And Rav Sha'ul arrived also in Derbe and went on to Lystra. And, hinei, a certain talmid of Moshiach was there by the name Timotiyos, the ben of a faithful Yiddisha isha but

[2] Timotiyos was a bochur who was well spoken of by the Achim b'Moshiach in Lystra and Iconium. 3 Ray Sha'ul wanted Timotiyos to come along with his chavurah, so he took him and did a bris milah, because of the Yehudim in those places, for everyone had da'as that his abba was Yevani. 4 And as they were traveling through the cities, they were handing on to them to be shomer regarding the mitzvot that had been laid down by the Moshiach's Shlichim and the Ziknei HaKehillot of Moshiach in Yerushalavim. [5] The Moshiach's Kehillot, therefore, were growing in the emunah (faith), and yom yom were increasing in number. [6] And they traveled through the regions of Phrygia and Galatia, having been forbidden by the Ruach Hakodesh to speak the dvar Hashem in [the Roman Province of Asia. [7] And having come to the border of Mysia, they were trying to go toward Bithynia, and the Ruach of Moshiach did not permit them. [8] So, passing by Mysia, they came down to Troas. [9] And during the lailah a chazon (vision) appeared to Rav Sha'ul. It was of a certain ish from Macedonia who had been standing and was begging him, saying, "Come

us." |10| And when Rav Sha'ul saw the chazon, immediately he sought to cross over to Macedonia, concluding that Hashem had called us to preach the Besuras HaGeulah to them.

over to Macedonia and help

|11| And having set sail from Troas, we ran a straight course to Samothrace, and, on the next day, to Neapolis;

whose abba was Yevani.