

| 11 | Revive me, Hashem, l'ma'an (for the sake of) Thy Shem (Name); in Thy tzedakah bring my nefesh out of tzoros.

| 12 | And in Thy chesed silence mine enemies, and destroy all them that oppress my nefesh; for I am Thy eved.

144 ^{(Mizmor of Dovid).} Baruch

Hashem my Tzur (rock) which teacheth my hands for war, and my fingers for milchamah (battle);

| 2 | My Chesed, and my Metzudah (Fortress); my Stronghold, and my Deliverer; my Mogen, and He in Whom I take refuge; Who subdueth my people under me.

| 3 | Hashem, what is adam, that Thou takest knowledge of him! Or the ben enosh, that Thou takest account of him!

| 4 | Adam is like hevel; his days are as a tzel that passeth away.

| 5 | Part Thy heavens, Hashem, and come down; touch the harim, and they shall smoke.

| 6 | Cast forth lightning, and scatter them; shoot Thine khitzim (arrows), and destroy them.

| 7 | Send Thine Yad from above; rescue me, and deliver me out of mayim rabbim, from the yad Bnei Nekhar;

| 8 | Whose mouth speaketh shav (lies), and their right hand is a right hand of sheker.

| 9 | I will sing a shir chadash unto Thee, O Elohim; upon a nevel of ten strings will I make music unto Thee.

| 10 | It is He that giveth Teshu'ah (deliverance, salvation) unto melachim; Who delivereth Dovid His eved from the cherev ra'ah.

| 11 | Rescue me, and save me from the yad Bnei Nekhar,

whose mouth speaketh shav (lies) and their right hand is a right yad of sheker;

| 12 | In their youth, may baneinu (our sons) be like plants full grown; may benoteinu (our daughters) be like cornerstones, columns wrought for the Heikhal;

| 13 | That our barns may be full, affording all manner of provision; that our tzon may bring forth thousands and ten thousands in our meadows;

| 14 | That our oxen may be strong to labor; that there be no peretz (breach) nor golus; that there be no cry of anquish in our streets.

| 15 | Ashrei are such people; Ashrei is the people that Hashem is Elohav.

145 ^{(Tehillah of Dovid).}

[Alef] I will extol Thee, Elohai HaMelech; and I will bless Thy Shem l'olam va'ed .

| 2 | [Beis] Kol yom will I bless Thee; and I will praise Thy Shem l'olam va'ed.

| 3 | [Gimel] Gadol is Hashem, and me'od to be praised; and His greatness is not cheker (searchable).

| 4 | [Dalet] Dor l'dor (generation to generation) shall praise Thy ma'asim, and shall declare Thy gevurot (mighty acts).

| 5 | [Heh] I will speak of the hadar kavod of Thy hod, and of Thy nifle'ot (wonderful works).

| 6 | [Vav] And men shall speak of the power of Thy norot; and I will declare Thy greatness.

| 7 | [Zayin] They shall utter the zekher (memory, recollection) of Thy rav tov and shall sing of Thy tzedakah.

| 8 | [Chet] Channun (gracious) is Hashem, and full of compassion; erech apayim (slow to anger), and of great chesed.

| 9 | [Tet] Tov is Hashem to all; and His rachamim is over all His ma'asim.

| 10 | [Yod] All Thy ma'asim shall praise Thee, Hashem; and Thy chasidim shall bless Thee.

| 11 | [Khaf] They shall speak of the kavod of Thy Malchus, and tell of Thy gevurah;

| 12 | [Lamed] To make known to the Bnei HaAdam His gevurah, and the kavod hadar of His Malchus.

| 13 | [Mem] Thy Malchus is a Malchus kol olamim, and Thy Memshelet for kol dor vador.

| 14 | [Samekh] Hashem upholdeth all that fall, and raiseth up all those that are bowed down.

| 15 | [Ayin] The eyes of all look to Thee; and Thou givest them their okhel (food) in its season.

| 16 | [Peh] Thou openest Thine Yad, and satisfiest the ratzon of kol chai.

| 17 | [Tzadi] Tzaddik is Hashem in all His drakhim, and chasid in all His ma'asim,

| 18 | [Koph] Karov (near) is Hashem unto all them that call upon Him, to all that call upon Him in emes.

| 19 | [Resh] He will fulfil the ratzon of them that fear Him; He also will hear their cry, and will save them.

| 20 | [Shin] Shomer is Hashem over all them that love Him; but kol haresha'im will He destroy.

| 21 | [Tav] My mouth shall speak the tehillat Hashem; and let kol basar bless His Shem Kodesh l'olam va'ed.

[T.N. See Messianic Psalms which include Ps 2, 22, 45, 72, 110, 47, 93, 96-99, 89 and which indicate Moshiach's righteous character, experience, ideals, call, and reign.]