|5| Then the mayim hazedonim (treacherous waters) would have swept over nafsheinu (our nefesh).
|6| Baruch Hashem, Who hath not given us up as a prey to their shinayim (teeth).
|7| Nafsheinu (our nefesh) is escaped as a tzippor (bird) out of the pach (snare of the fowlers); the pach is broken, and we are escaped.
|8| Ezreinu (our help) B'Shem Hashem Oseh Shomayim vaAretz.

125 (Shir HaMa'alot, Song of

Ascents]).

They that trust in Hashem shall be as Mt Tziyon, which is immoveable, and abideth l'olam.

- [2] As harim (the mountains) surround Yerushalayim, so Hashem surrounds His people from henceforth vad olam (and to forever).
- |3| For the shevet (scepter) of the resha shall not rest upon the goral (allotment, property) of the tzaddikim; lest the tzaddikim put forth their hands unto iniquity.
- |4| Do good, Hashem, unto the tovim, and to them that are upright in their hearts. |5| As for such as turn aside unto their crooked ways, Hashem shall turn them away with the workers of iniquity; but shalom shall be upon Yisroel.

$126^{\rm (Shir}_{\rm HaMa'alot,}$ [Song of

Ascents])

When Hashem brought the return of the captivity of Tziyon, we were like the cholemim (them that dream). |2| Then was our mouth filled with laughter, and leshoneinu (our tongue) with rinnah

(joyful song); then said they among the Goyim, Hashem hath done great things for them.

- |3| Hashem hath done great things for us; whereof we are glad.
- |4| Return our captivity and restore our fortunes, Hashem, like torrents in the Negev.
- |5| They that sow in dimah (tears) shall reap in rinnah (joyful song).
- |6| He that goeth forth and weepeth, bearing meshek hazara (seed to be sown) shall doubtless come again with rinnah, bearing his alummot (sheaves [of harvest]).

$127^{\rm (Shir\ HaMa'alot,\ of\ Shlomo).}$

Except Hashem build the bais, they that build it labor in vain; except Hashem is shomer over the city, the shomair (watchman) stands guard in vain.

- |2| It is vain for you to rise up early, to sit up late, to eat the lechem ha'atzavim (bread of toils); for so He giveth his beloved sleep.
- |3| Hinei, banim are nachalat Hashem; and the p'ri habeten is a zachar (reward).
- |4| As khitzim (arrows) are in the yad of a gibbor; so are bnei haneurim (children born in one's youth).
- |5| Ashrei hagever that hath his quiver full of them; they shall not be ashamed, but they shall speak with the oyevim basha'ar (enemy at the gate).

128 (Shir HaMa'alot) Ashrei kol yerei (fearers of) Hashem; that walketh in His drakhim.

|2| For thou shalt eat the labor of thine hands; happy

shalt thou be, and it shall be toy with thee.

- |3| Thy isha shall be as a fruitful gefen inside thine bais; thy banim like olive shoots around thy shulchan.
 |4| Hinei, thus shall the gever be blessed that feareth Hashem.
- |5| Hashem shall bless thee out of Tziyon; and thou shalt see the tov of Yerushalayim all the days of thy life.
- |6| Yea, thou shalt see thy bnei banim, and shalom upon Yisroel.

129 (Shir HaMa'alot) Many a time

have they afflicted me from my ne'ur, may Yisroel now say; |2| Many a time have they afflicted me from my ne'ur (youth); yet they have not prevailed against me. |3| The choreshim (plowers) plowed upon my back; they made long their furrows. |4| Hashem is tzaddik; He hath cut asunder the cords of the resha'im.

- |5| Let them all be confounded and turned back that hate Tziyon [i.e, all anti-Semites].
- |6| Let them be as the khatzir (grass) upon the housetops, which withereth before it groweth up;
- |7| With it the kotzer (reaper) filleth not his yad; nor he that gathereth sheaves, his bosom.
- |8| Neither do they which go by say, Birkat Hashem be upon you; we bless you b'Shem Hashem.

130 (Shir HaMa'alot) Out of the

depths have I cried unto Thee, Hashem.

|2| Adonoi, hear my voice; let Thine ears be attentive to the voice of my techinnot (supplications).