for Elohim is my strongold, and the Elohim of my chesed.

(For the one directing. Set to The Shushan of the Edut. Mikhtam Dovid to instruct. When he fought Aram Naharayim and Aram Tzovah and when Yo'av returned and struck down 12,000 of Edom in the Gey Melach.) O Elohim, Thou hath rejected us, scattered us; Thou hast been angry; O restore us! |2(4)| Thou hast made eretz to tremble; Thou hast torn it asunder, heal the fractures thereof; for it tottereth. [3(5)] Thou hast showed Thy people kashah (hard times); Thou hast made us to drink the vavin of tarelah (bewilderment, reeling). |4|(6) Thou hast set up a nes (banner) to them that fear Thee, that it may be unfurled on account of the truth. Selah. [5](7) That Thy Yedidot (beloved ones) may be saved; save with Thy Yamin (Right Hand) and hear me. |6|(8) Elohim hath spoken in His Kodesh (Holiness); I will exult, I will parcel Shechem as chelek, and measure out the Valley of Sukkot. |7|(9) Gil`ad is Mine, and Menasheh is Mine; Ephravim also is the ma'oz of Mine Rosh; Yehudah is My Mekhokek (prescriber of laws, lawgiver; see Gn 49:10; Isa 42:4 on Moshiach's torah). |8|(10) Moav is My washpot; over Edom will I cast My sandal; over Philistia I shout in triumph. [9](11) Who will bring me to the Ir Matzon (city of fortification)? Who will bring me to Edom? 10 (12) Wilt not Thou, O Elohim, which hadst cast us

off? And Thou, O Elohim, which didst not go out with tzivoteinu (our armies)? |11|(13) Give us help against the enemy; for vain is the teshuat adam (help, salvation of or from Man). |12|(14) In Elohim shall we obtain the victory; for He it is that shall tread down tzareinu (our enemies, oppressors).

(For the one directing. With stringed instruments. Of Dovid). Hear my cry, Elohim; attend unto my tefillah. |2(3)| From the end of ha'aretz will I call unto Thee, when my lev is overwhelmed; lead me to the Tzur that is higher than I. |3(4)| For Thou hast been a refuge for me, and a migdal oz (tower of strength) from the enemy. 4(5) I will abide in Thy ohel forever; I will take refuge in the covert of Thy wings. Selah. [5(6)] For Thou, Elohim, hast heard my nederim; Thou hast given me the verushat virei Shemecha (inheritance of those that fear Thy Name). 6(7) Thou wilt prolong days of the Melech, and his shanot dor vador.

|7(8)| He shall abide before Elohim forever; O appoint chesed and emes, to preserve him.

|8(9)| So will I sing praise unto Shimecha forever, that I may yom yom (daily) perform my nederim.

622<sup>(For the one directing.</sup> According to Yedutun. Mizmor of Dovid.) Truly my nefesh waiteth silently [*in submission*] upon

Elohim; from Him cometh my Yeshuah (salvation). 2(3) Truly He is my Tzur and my Yeshuah (salvation); He is my stronghold; I shall not be greatly shaken. |3(4)| How long will ye rush to attack an ish? To thrust at, all of you, as at a leaning kir (wall), and as at a tottering gader (fence). |4(5)| Truly they consult to bring down a person of prominence; they delight in kazav (lie, falsehood, deceptive thing); they make a berakhah with their mouth, but they curse inwardly. Selah. [5(6)] Truly in Elohim wait silently [in submission], my nefesh, for my tikvah (hope) is from Him. 6(7) Truly He is my Tzur and my Yeshuah (salvation); He is my stronghold; I shall not be shaken. [7(8)] In Elohim is my salvation and my Kavod: the Tzur of my strength, and my refuge, is in Elohim. [8(9)] Trust in Him at all time; ye people, pour out your lev before Him; Elohim is a refuge for us. Selah. 9(10) Truly Bnei Adam (those of low estate) are hevel (vanity), and Bnei Ish (those who are highborn) are kazav (a lie); they go up in the balances; they are altogether lighter than hevel (vanity). |10(11)| Trust not in oshek (oppression, extortion) and become not vain in gazel (the thing taken as plunder); if riches increase, set not your lev upon them. |11(12)| Elohim hath spoken once; twice have I heard this; that oz (strength) belongeth unto Elohim.

|12(13)| Also unto Thee, Adonoi, belongeth chesed; for Thou renderest to ish (every man) according to his ma'asim (deeds).