neighbors stand afar off. |12(13)| They also that seek after my nefesh lay snares for me; and they that seek my hurt speak of ruin, and plot mirmot (deceptions, deceits) all the day long.

| 13(14)| But I, like a cheresh (deaf man), heard not; and I was like a mute that openeth not his mouth.

| 14(15)| Thus I was like an ish that heareth not, and in whose mouth are no tokhachot (reproofs).
| 15(16)| For I wait for Thee, Hashem; Thou wilt hear, Adonoi Elohai.

|16(17)| For I said, Hear me, lest otherwise they should gloat over me; when my regel slippeth, they magnify themselves against me. |17(18)| For I am ready to fall, and my sorrow is before

me tamid.
| 18(19)| For I will declare
mine avon; I will be in
anguish over my chattat.
| 19(20)| But mine oveyim are
chayyim (vigorous), and they
are strong; and they that hate
me sheker (wrongfully) are

|20(21)| They also that repay raish for tovah are mine adversaries; because I pursue the thing that is tov.

multiplied.

|21(22)| Forsake me not, Hashem Elohai; be not far from me.

|22(23)| Make haste to help me, Adonoi Teshuati (L-rd of my salvation).

30 (For the one directing, even to Yedutun. Mizmor Dovid).

I said, I will be shomer over my ways, that I sin not with my leshon; I will be shomer over my mouth with a muzzle, while the rashah is before me. |2(3)| I was dumb with silence, I held my peace for the sake of tov; and my distress grew severe. |3(4)| My lev became hot within me; while I was musing the eish burned; then I spoke with my leshon,

|4(5)| Hashem, make me to know mine end, and the measure of my yamim, what it is; that I may have da'as of how chadel (fleeting, frail) I am.

|5(6)| Hinei, Thou hast made my yamim as a handbreadth, and mine lifespan is as nothing before Thee; verily kol adam stand as kol hevel (altogether vanity). Selah. |6(7)| Surely every ish walketh in a tzel (shadow); surely they are in turmoil in vain; he heapeth up riches, and hath no da'as of who shall gather them.

| 7(8)| And now, Adonoi, what do I wait for? My hope is in Thee.

|8(9)| Save me from all my peysha'im; make me not the reproach of the foolish. |9(10)| I was silent, I opened not my mouth; because Atah (Thou) did it.

| 10(11)| Remove Thy nega (stroke, scourge) away from me; I am consumed by the blow of Thine yad. | 11(12)| When Thou with

rebukes dost correct man for avon (iniquity), Thou makest his beauty to consume away like a moth: surely kol adam are hevel (vanity). Selah. | 12(13)| Hear my tefillah, Hashem, and give ear unto my cry; hold not Thy peace at my weeping; for I am a ger with Thee, and a sojourner, as were

all my Avot.

| 13(14) | O spare me from Thy frown, that I may recover strength, before I depart, v'eineni (and I be no more).

[T.N. Animal sacrifices cannot take away sin; they are only a shadow of the korban nefesh of Moshiach. See Ps 40 and MJ chp 10; Isa 53:10.]

40;2)(For the one directing, Of Dovid. Mizmor)

I waited patiently for Hashem; and He inclined unto me, and heard my cry.

|2 (3)| Hashem brought me up also out of a horrible pit, out of the miry clay, and set my feet upon a rock, and established my goings. |3 (4)| And He hath put a shir chadash in my mouth, even tehillah (hymn of praise) unto Eloheinu; many shall see it,

and fear, and shall trust in

Hashem.

|4(5)| Ashrei is that man that maketh Hashem his trust, and looketh not to the proud ones, nor such as turn aside to lies (false g-ds).

|5 (6)| Many, O Hashem Elohai, are Thy wonderful works which Thou hast done, and Thy thoughts which are to us-ward; they cannot be recounted unto Thee; if I would declare and speak of them, they are more than can be numbered.

|6 (7)| Zevach and minchah Thou didst not desire; mine ears hast Thou pierced [cf Psa 22:17]; olah (burnt offering) and chata'ah (sin offering) hast Thou not required.
|7 (8)| Then said I, Hinei, I come; in the megillat sefer it is written of me [cf MJ 10:5-7], |8 (9)| I delight to do Thy will, O Elohai; yea, Thy torah is within my heart.
|9 (10)| I have preached

tzedek in the kahal rav (great congregation); hinei, I have not restrained my lips, O Hashem, Thou knowest. | 10 (11) | I have not hid thy tzedek within my lev; I have declared Thy emunah (faithfulness) and Thy teshuah (salvation); I have not concealed Thy chesed and Thy emes from the kahal rav.