

|2(3)| Have mercy upon me, Hashem; for I am weak: Hashem, heal me; for my atzmot are shaking.  
 |3(4)| My nefesh is also much shaken; but Thou, Hashem, ad mosai (how much longer)?  
 |4(5)| Turn, Hashem, deliver my nefesh; hoshieini (save me) for the sake of Thy chesed.  
 |5(6)| For in mavet there is no remembrance of Thee; in Sheol who shall give Thee thanks?  
 |6(7)| I am weary with my groaning; all the lailah flood I my mittah with weeping; I water my couch with my tears.  
 |7(8)| Mine eye is consumed because of ka'as (grief); it groweth old because of all mine enemies.  
 |8(9)| Depart from me, all ye workers of iniquity; for Hashem hath heard the voice of my weeping.  
 |9(10)| Hashem hath heard my techinnah (supplication); Hashem will receive my tefillah (prayer).  
 |10(11)| Let all mine oyevim be ashamed and much troubled; let them turn back and suddenly be ashamed.

**7** (Shiggayon of Dovid, which he sang unto Hashem, regarding Kush of Binyamin)  
 Hashem Elohai, in Thee do I seek refuge; hoshieini (save me) from all them that persecute me, and deliver me;  
 |2(3)| Lest he tear my nefesh like a lion, rending it in pieces, while there is none to rescue.  
 |3(4)| Hashem Elohai, if I have done this; if there be guilt in my hands;  
 |4(5)| If I have recompensed with evil him that held out shalom unto me; or, without cause plundered my opposers,

|5(6)| Then let the enemy persecute my nefesh, and take it; yea, let him tread down my life to the earth, and lay mine kavod to sleep in the dust. Selah.  
 |6(7)| Arise, Hashem, in Thine anger, lift up Thyself because of the rage of mine enemies; awake, o my El, to the mishpat Thou hast decreed.  
 |7(8)| So let the Adat l'Umim surround Thee; and over it return Thou on high [*to judge*].  
 |8(9)| Hashem shall judge the people; judge me, Hashem, according to my tzedek, and according to mine integrity that is in me.  
 |9(10)| Oh let the wickedness of the resha'im come to an end; but make the tzaddik secure; for the Elohim Tzaddik trieth the minds and hearts.  
 |10(11)| My mogen (shield) is Elohim, Moshi'a of the upright in heart.  
 |11(12)| Elohim is a Shofet Tzaddik, and El expresses wrath kol yom.  
 |12(13)| If He relent not, He will sharpen His cherev; He hath bent His keshet (bow) and made it ready.  
 |13(14)| He hath also prepared for Him the instruments of mavet; He ordaineth His flaming khitzim (arrows).  
 |14(15)| Hinei, he [*an evil person*] travaileth with iniquity, and hath conceived trouble, and brought forth falsehood.  
 |15(16)| He makes a pit, and digs it, and is fallen into the shachat (pit) which he made.  
 |16(17)| His trouble shall return upon his own rosh, and his chamas shall come down upon his own kodkod (crown of the head).  
 |17(18)| I will give thanks to Hashem according to His

tzedek; and will sing praise to the Shem of Hashem Elyon.

**8** (For the one directing. According to the gittit. Mizmor of Dovid).  
 Hashem Adoneinu, how excellent is Shimecha in kol ha'aretz Who hast set Thy glory above HaShomayim.  
 |2(3)| Out of the mouth of olelim and infants hast Thou established strength because of Thine enemies, that Thou mightest still the enemy and the avenger.  
 |3(4)| When I consider Thy heavens, the ma'asim of Thy fingers, the yarei'ach and the kokhavim, which Thou hast ordained;  
 |4(5)| What is enosh (mankind), that Thou art mindful of him? And the ben adam, that Thou visitest him?  
 |5(6)| For Thou hast made him a little lower than elohim [*or Elohim, Gn 1:27*], and hast crowned him with kavod and hadar.  
 |6(7)| Thou madest him to have dominion over the ma'asim of Thy hands; Thou hast put all things under his feet:  
 |7(8)| All sheep and oxen, yea, and the behemot sadeh;  
 |8(9)| The fowl of the air, and the dag (fish) of the yam, and whatsoever passeth through the paths of the seas.  
 |9(10)| Hashem Adoneinu, how excellent is Shimecha in kol ha'aretz!

**9** (For the one directing. To The Death of the Son. Mizmor of Dovid)  
 I will give thanks to Thee, Hashem, with kol lev of me; I will show forth all Thy marvellous works.  
 |2(3)| I will be glad and rejoice in Thee; I will sing praise to Thy Shem, O Thou Elyon.