took a makevet (hammer) in her yad, and went softly unto him, and drove the yetad into his temple, and stuck it into the ground; for he was fast asleep exhausted. So he died. |22| And, hinei, as Barak pursued Sisra, Yael came out to meet him, and said unto him, Come, and I will show thee the ish whom thou seekest. And when he came into her ohel, hinei, Sisra lay dead, and the yetad was in his temple.

|23| So Elohim subdued on that day Yavin Melech Kena'an before the Bnei Yisroel.

|24| And the yad Bnei Yisroel prospered, and prevailed against Yavin Melech Kena'an, until they had destroyed Yavin Melech Kena'an.

Then sang Devorah and Barak ben Avinoam on that day, saying,

|2| Barachu Hashem that the strong in Yisroel put forth strength, that the people willingly offered themselves.

[3] Hear, O ye melachim; give ear, O ye rozenim (princes); I, even I, will sing unto Hashem; I will make music to Hashem Elohei Yisroel.

|4| Hashem, when Thou wentest out from Seir, when Thou marchedst out of the sadeh Edom, Eretz trembled, HaShomayim poured, clouds also poured down mayim.

|5| The harim quaked at the presence of Hashem, this Sinai before Hashem Elohei Yisroel.

|6| In the days of Shamgar ben Anat, in the days of Yael, the roads were abandoned, and the travellers walked the byways.

|7| The warrior ceased, they ceased in Yisroel, until I, Devorah, arose, I Em BYisroel

|8| They chose elohim chadashim when war was at the she arim (gates); was there a mogen or spear to be seen among forty thousand in Yisroel?

|9| My lev is toward the ones ruling in Yisroel, that offered themselves willingly among the people. Barachu Hashem. |10| Reflect, ye that ride on white donkeys, ye that sit on saddle blankets, and walk on the derech.

| 11| The voice of the singers in the place of drawing mayim, there shall they rehearse the Tzidkot Hashem, even the Tzidkot of His warriors in Yisroel; then shall HaAm Hashem go down to the she'arim.

| 12 | Awake, awake, Devorah; awake, awake, break out in song; arise, Barak, and lead captive thy captives, thou ben Avinoam.

| 13| Then came down a sarid (remnant) to the nobles; the people of Hashem came down to me as gibborim.

| 14| Out of Ephrayim was their shoresh against Amalek; after thee, Binyamin, among thy people; out of Machir came down mekhokekim (law givers), and out of Zevulun they that hold the shevet of the sofer (scribe).

| 15| And the sarim of Yissakhar were with Devorah; Yissakhar was with Barak; he rushed at his feet into the emek. Among the divisions of Reuven there were gedolim chikkei lev (great searchings, indecisions of heart).

| 16| Why abodest thou among the mishpetayim (sheepfolds), to hear the bleatings of the flocks? Among the divisions of Reuven there were great indecisions of heart.

| 17| Gil`ad abode beyond Yarden; and why did Dan linger by oniyyot? Asher remained on the seacoast, and dwelt by his landings. | 18 | Zevulun and Naphtali were a people that risked their nefesh unto the death in the high places of the sadeh. | 19 | The melachim came and fought, then fought the melachim of Kena'an at Taanach by the waters of Megiddo; they took no plunder of kesef.

|20| They fought from Shomayim; the kokhavim in their courses fought Sisra. |21| The Kishon River swept them away, that nachal kedumim, the Kishon River. O my nefesh, march on with oz. |22| Then were the ikvei sus (horse hooves) galloping, the prancings of hooves, the prancings of their mighty steeds.

|23| Curse Meroz, said the Malach Hashem, curse bitterly the inhabitants thereof; because they came not to the ezrat Hashem, to the help of Hashem, against the gibborim.

|24| Blessed above nashim shall Yael eshet Chever the Keni be, blessed shall she be above nashim in the ohel. |25| He asked mayim, and she gave him cholov; she brought forth curds in a noble's dish.

|26| She put her yad to the yetad, and her right hand to the workman's hammer; and with the hammer she struck Sisra, she crushed his rosh, when she had shattered and pierced his temple.

|27| At her feet he bowed, he fell, he lay down; at her feet he bowed, he fell; where he bowed, sham (there) he fell down dead.

|28| The Em Sisra looked out through the chalon (window), and cried through the lattice, Why is his chariot so long in coming? Why tarry the wheels of his marekevot (chariots)?